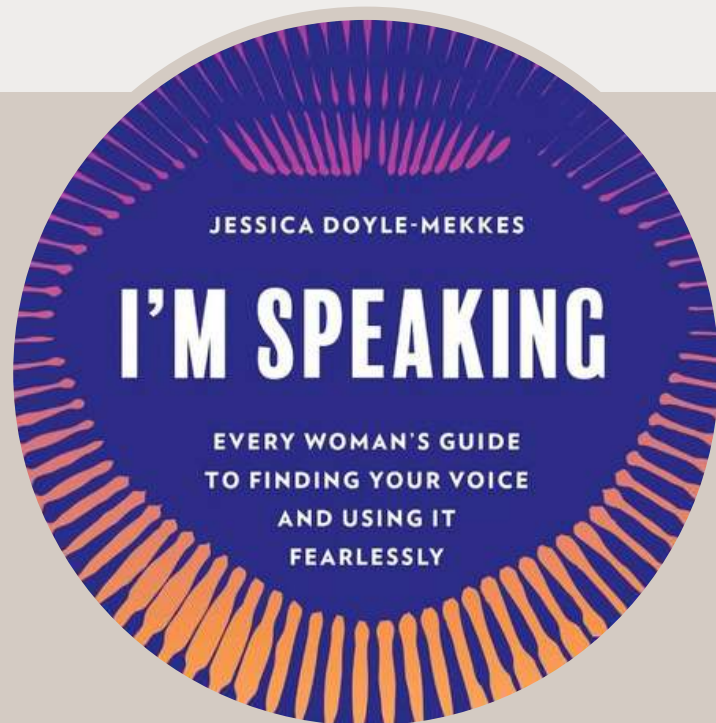




Jessica Doyle-Mekkes

AUTHOR - SPEAKER - VOCAL COACH



PRESS KIT

Jessica has spent the last 15 years studying the human voice and working as a vocal coach for actors, singers, and public speakers. An internationally published writer and sought after clinician, her debut book, I'm Speaking: every woman's guide to finding your voice & using it fearlessly (Rowman & Littlefield) was hailed, "...a bible in standing your ground without trepidation."
- Booklist

Jessica is the Head of Musical Theatre at East Carolina University where she has taught voice and vocal pedagogy since 2017.

Jessica lives in Greenville, NC with her husband Don, their daughters Tallulah and Jolie, and a codependent chihuahua named Sebastian.

jessica@jessicadoylemekkes.com

(231) 580-5098

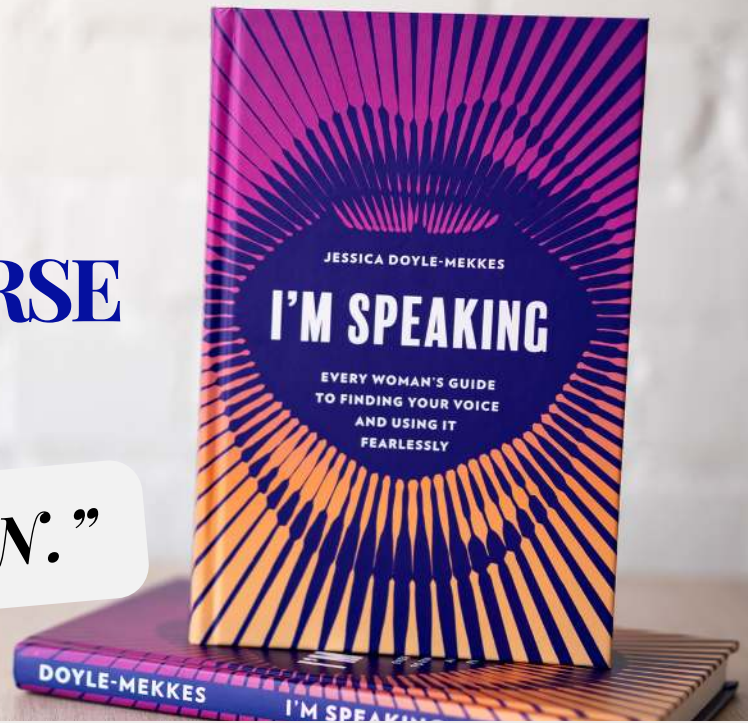
www.jessicadoylemekkes.com

BOOK

“If your voice doesn’t feel like it deserves a place in MARVEL’S UNIVERSE after reading this book...

READ IT AGAIN.”

Regina Crisci, Founder
A Parent Co.
Shark Tank Alum



“..a hilarious, confidence boosting guide for anyone trying to strengthen their physical voice and empower their inner voice. The thoughtful research within helped me combat my imposter syndrome and inspired me to be bolder!”

- Taylor Louderman, Tony nominated actress



“..quite simply, a bible on how to stand your ground without trepidation, whether asking for a raise or speaking out against gaslighting.” - Booklist



“Contending that 'being able to speak freely is a right denied to so many women in our world,' Doyle-Mekkes fluidly weaves together practical speaking tips and big-picture advice on how to shore up one’s self-esteem. The reticent will find much to mull over in this confidence-boosting manual.” - Publishers Weekly



“Had me humming, breathing, and laughing my way to more confidence. A fun mix of engagement, humor and learning! Timely for any woman, in any field.”

-Katie Fahey, activist, founder of Voters Not Politicians



“Jessica helps to bridge the gap between speaking & self-confidence, offering women the exact tools needed to create a voice that is clear, confident, and authentically yours - and then hands-on ways to put that voice to work.”

-Rhonda Vetere, Global Technology Industry Expert, Top Woman and Technology, 2x author

SELECTED PUBLICATIONS & PODCAST LINKS



Did Hillary Lose Thanks to a Bad Microphone? (It Didn't Help)
IS THIS THING ON?
 A big part of a woman's struggle to be heard—literally and figuratively—starts with sound equipment designed by men for men, and then engineered by more men.
 By Jessica Doyle-Mekkes | Published: 05/20/2021 12:00PM EDT



RD.COM - Relationships
Follow These 8 Public Speaking Tips to Nail Your Next Presentation
 By Jessica Doyle-Mekkes



wp The Washington Post Follow 492.5K Followers
 Why you might not like your recorded voice and how you can change it



Finding Your Voice: On the Page, In Your Life with Agent Katharine Sands + Jessica Doyle-Mekkes
 JUNE 14, 2024 / THE MANUSCRIPT ACADEMY / 00:57:43 / COMMENTS OFF



Episode 36: Choose to Challenge with your voice



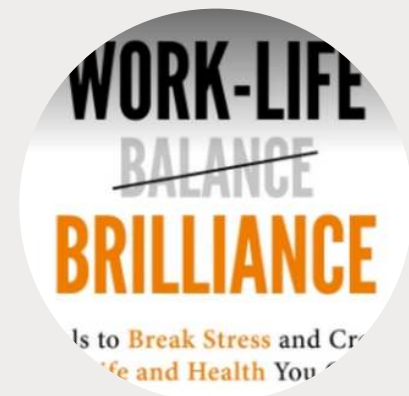
Productive Living: Finding and Using Your Voice, with Jessica Doyle-Mekkes – TPW466

BEYOND BARRIERS
 PODCAST

DISCOVER YOUR VOICE: OVERCOMING BARRIERS TO EFFECTIVE COMMUNICATION - JESSICA DOYLE-MEKKES



48 Jessica Doyle-Mekkes: Professor, Vocal Coach & Author of "I'm Speaking: Every Woman's Guide to Finding Your Voice and Using it Fearlessly"
 © 2023-05-30



How to Build an Influential Voice with Jessica Doyle Mekkes
 Friday May 26, 2023

POPULAR SPEAKING & WORKSHOP TOPICS

(all work is customizable to your goals, needs, and timeline)

FIND YOUR VOICE

AND USE IT FEARLESSLY.

Audience Take Aways

- How to deal with the anxiety of speaking professionally & personally.
 - Introduction to my "3 Commandments for Conquering Fear" plus ways to effectively & efficiently put them into every day use.
- Impost-HER Syndrome: where it comes from & what women (and male allies) can do about it.
- Speak Like You Mean It: the Top 5 Ways we give away our power when speaking.



FAIL, SPECTACULARLY

THE POWER OF FAILURE.

Audience Take Aways

- How to take failure and use it to create courage & resilience.
 - To be resilient is to realize there must be more than one way to get where you want to go. To be courageous, you have to keep going until you find it.
- Use failure to reassess, redirect, and open the doors to solutions you didn't imagine or deem possible.
- Dream bigger. Redirect negative energy to fuel change. Encourage all to reach their limitless potential.

ALL ABOUT JESSICA



WEBSITE: www.jessicadoylemekkes.com

LINKEDIN: www.linkedin.com/in/jessicadoyle-mekkes/

SPEAKER REEL: <https://www.youtube.com/watch?v=dI8OZa1UcPI>

FULL BIO

Jessica Doyle-Mekkes is a professor, researcher, vocal coach, and internationally published writer & speaker in the field of female empowerment & advocacy. She is currently the Head of Musical Theatre at East Carolina University where she has taught voice and vocal pedagogy since 2017. Her debut book, "I'm Speaking: every woman's guide to finding your voice & using it fearlessly" (Rowman & Littlefield) was hailed, "...a bible in standing your ground without trepidation."

- Booklist

In 2023, Jessica inked a deal with Broader Horizon Entertainment, LLC for a female-centric docuseries created alongside BHE founder, and former President Obama photographer, Anna Wilding.

Jessica has 15+ years of experience as a vocal coach for actors, singers and public speakers. Her clients range from Broadway, tv/film, and recording artists to entrepreneurs, first generation and ESL professionals and C-suite executives.

Jessica works with individuals, groups, NGO's, and businesses small and large to harness their power through keynotes, workshops, and coachings.

Jessica proudly sits on the Advisory Council for HERicanes, a nonprofit dedicated to empowering girls and young women by running workshops, mentorship programs, and speaking events.

This is not about public speaking. This is about finding your voice & using it FEARLESSLY. - Jessica Doyle-Mekkes

REFERENCES

Katherine Cornell, Texas Women Rainmakers
katherine@cornell-traillaw.com

Rosye Cloud, STRATA9
rosyecloud@strata9.com

Aisha Powell, East Carolina University
powellai@ecu.edu

APPROVED PHOTOS

