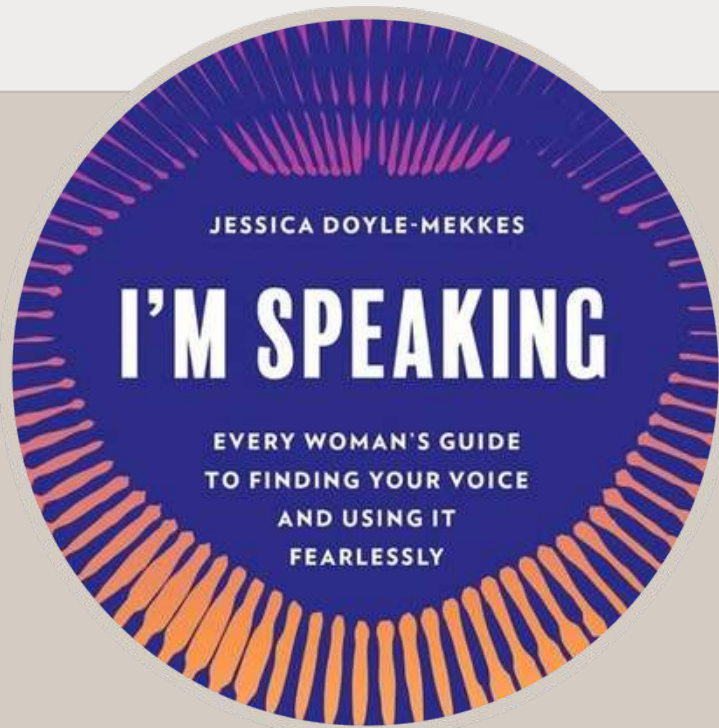




Jessica Doyle-Mekkes

AUTHOR - SPEAKER - VOCAL COACH



PRESS KIT

Jessica Doyle-Mekkes stands at the forefront of voice empowerment, uniquely combining brain science, voice science, and irreverent confidence-building to help women and professionals unlock their fearless presence. She is the internationally published author of the bestselling, "I'm Speaking: every woman's guide to finding your voice & using it fearlessly," hailed, "...a bible in standing your ground without trepidation." - Booklist.

Jessica has spent 15 years transforming how executives, actors, and leaders command a room: whether on stage, in meetings, or across digital platforms. Her groundbreaking methodology dismantles imposter syndrome by teaching not just how to speak, but how to trust and own one's voice.

[SPEAKER OVERVIEW MATERIALS](#)

(231) 580-5098

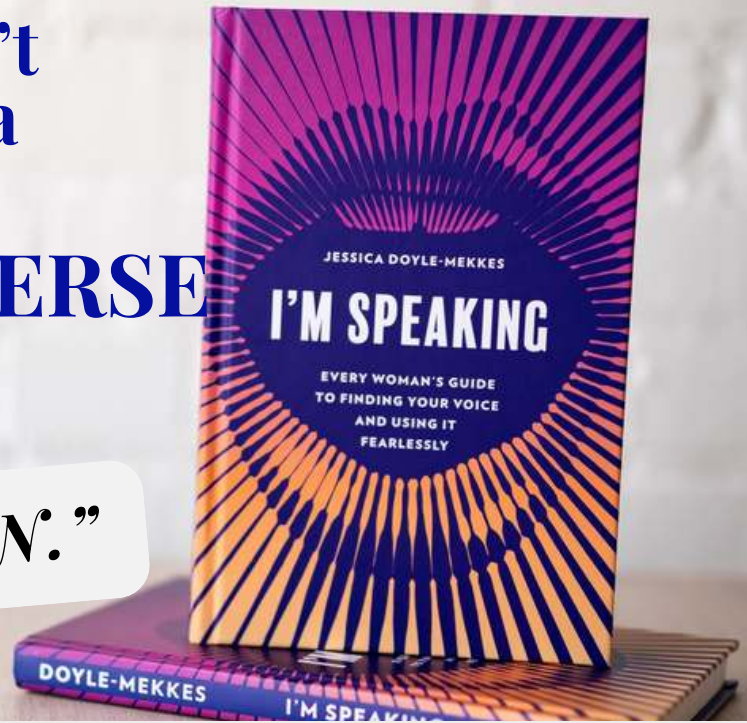
www.jessicadoylemekkes.com

BOOK

**“If your voice doesn’t
feel like it deserves a
place in
MARVEL’S UNIVERSE
after reading this
book...”**

Regina Crisci, Founder
A Parent Co.
Shark Tank Alum

READ IT AGAIN.”



“..a hilarious, confidence boosting guide for anyone trying to strengthen their physical voice and empower their inner voice. The thoughtful research within helped me combat my imposter syndrome and inspired me to be bolder!”

- Taylor Louderman, Tony nominated actress



“..quite simply, a bible on how to stand your ground without trepidation, whether asking for a raise or speaking out against gaslighting.” - Booklist



“Contending that 'being able to speak freely is a right denied to so many women in our world,' Doyle-Mekkes fluidly weaves together practical speaking tips and big-picture advice on how to shore up one’s self-esteem. The reticent will find much to mull over in this confidence-boosting manual.” - Publishers Weekly



“Had me humming, breathing, and laughing my way to more confidence. A fun mix of engagement, humor and learning! Timely for any woman, in any field.”

-Katie Fahey, activist, founder of Voters Not Politicians



“Jessica helps to bridge the gap between speaking & self-confidence, offering women the exact tools needed to create a voice that is clear, confident, and authentically yours - and then hands-on ways to put that voice to work.”

-Rhonda Vetere, Global Technology Industry Expert, Top Woman and Technology, 2x author

SELECTED PUBLICATIONS & PODCAST LINKS



Did Hillary Lose Thanks to a Bad Microphone? (It Didn't Help)

IS THIS THING ON?

A big part of a woman's struggle to be heard—literally and figuratively—starts with sound equipment designed by men for men, and then engineered by more men.

Jessica Doyle-Mekkes | Published Oct. 10, 2020 9:00AM EDT



FROM JESSICA DOYLE-MEKKES

How gender affects the way we speak and how we're heard

Our voices can inform how others relate to us.



RD.COM - Relationships

Follow These 8 Public Speaking Tips to Nail Your Next Presentation

By Jessica Doyle-Mekkes

The Washington Post

top The Washington Post

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Why you might not like your recorded voice and how you can change it



Episode 36: Choose to Challenge with your voice



Productive Living: Finding and Using Your Voice, with Jessica Doyle-Mekkes – TPW466

BEYOND BARRIERS PODCAST

DISCOVER YOUR VOICE: OVERCOMING BARRIERS TO EFFECTIVE COMMUNICATION - JESSICA DOYLE-MEKKES



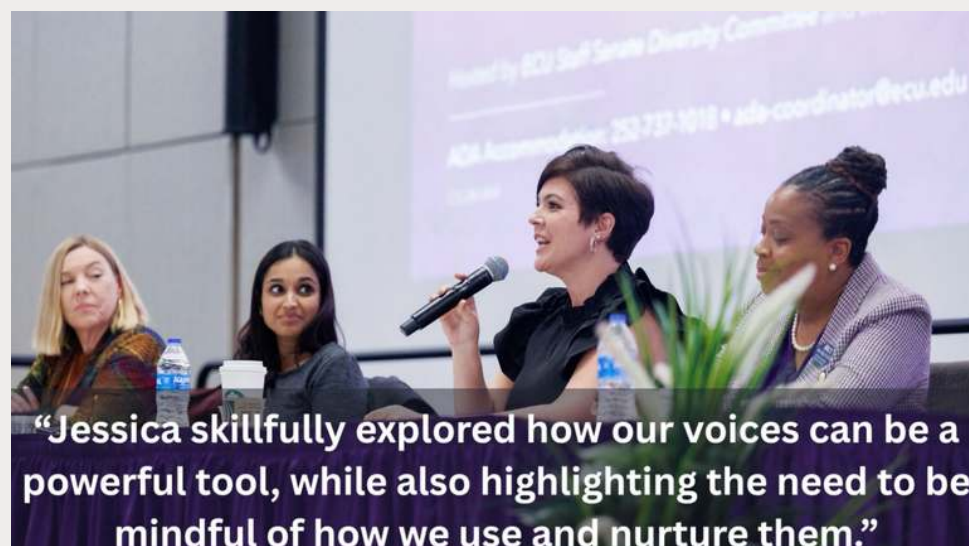
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Jessica Doyle-Mekkes: Professor, Vocal Coach & Author of 'I'm Speaking: Every Woman's Guide to Finding Your Voice and Using It Fearlessly' © 2023-09-30

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TESTIMONIALS



ALL ABOUT JESSICA

WEBSITE: www.jessicadoylemekkes.com

LINKEDIN: www.linkedin.com/in/jessicadoyle-mekkes/

SPEAKER REEL: <https://www.youtube.com/watch?v=dI8OZa1UcPI>

SPEAKER OVERVIEW:

https://www.canva.com/design/DAG9dDW72a8/iVt1frqwrtHEb9J7Sym9_g/view?utm_content=DAG9dDW72a8&utm_campaign=designshare&utm_medium=link2&utm_source=uniqueinks&utlId=h0efe856d2b

FULL BIO

Jessica Doyle-Mekkes is an author, speaker, vocal coach, and internationally sought expert in how we speak, how we're heard, and uplifting marginalized voices. She is currently the Head of Musical Theatre at East Carolina University where she has taught voice and vocal pedagogy since 2017. Her bestselling book, "I'm Speaking: every woman's guide to finding your voice & using it fearlessly" (Rowman & Littlefield) was hailed, "...a bible in standing your ground without trepidation." - Booklist

Jessica has 15+ years of experience as a vocal coach for actors, singers and public speakers. Her clients range from Broadway, tv/film, and recording artists to entrepreneurs, former White House senior advisors and government officials, entrepreneurs and C-suite executives.

Jessica works with individuals, groups, NGO's, and businesses small and large to harness the power of their voices through keynotes, workshops, and coachings.

Jessica proudly sits on the Advisory Council for HERicanes, a nonprofit dedicated to empowering girls and young women by running workshops, mentorship programs, and speaking events. She is also a member of the Global Girl Glow Speaker's Bureau, supporting the rights and advocacy of more than 100,000 girls worldwide.

